

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
Unknown						61647	Stuart	Ainsworth	M	0:28:21	0:57:43
21220	Runner	21220	M	0:58:10	0	19095	Priya	Ajani	F	0:40:42	1:23:42
21326	Runner	21326	F	1:03:22	0	19287	Rachel	Akinwande	F	0:38:26	1:15:32
21332	Runner	21332	M	0:28:46	1:00:14	19286	Titilayo	Akinwande	F	0:38:27	1:15:19
21333	Runner	21333	M	0:28:07	0:56:38	21253	Jukforija	Aksionova	M	0:30:14	0:59:58
21334	Runner	21334	M	0:28:38	0:56:40	61751	Danielle	Alarcon	F	0:46:16	1:30:34
21335	Runner	21335	M	0:30:48	1:04:20	19132	ameer	Alavy	M	0:28:18	0:56:39
21336	Runner	21336	M	0:31:36	0	61652	Valentina	Albi	F	0:29:02	0:56:49
21338	Runner	21338	M	0:31:27	0	19441	Stuart	Allen	M	0:23:51	0:48:25
21339	Runner	21339	M	0:31:26	0	21261	David	Amos	M	0:46:42	0
21340	Runner	21340	M	0:31:26	0	19125	Jonathan	Andrews	M	0:24:02	0:49:34
21341	Runner	21341	M	0:31:35	0	18979	David	Ardis	M	0:26:31	0:53:14
21342	Runner	21342	M	0:28:23	0	19210	Helen	Arkell	F	0:33:51	1:05:16
21343	Runner	21343	M	0:27:54	0	21216	John	Armstrong	M	0:30:06	0
21344	Runner	21344	M	0:26:32	0	21225	Linda	Arubrus	F	0:28:28	0:59:13
21345	Runner	21345	M	0:29:56	0	19129	Claire	Ashford	F	0:42:32	1:26:11
21346	Runner	21346	M	0:26:49	0:54:38	61832	Mark	Ashman	M	0:45:00	0
21347	Runner	21347	M	0:28:43	0	19165	Sarah	Atkins	F	0:50:24	0
21348	Runner	21348	M	0:31:00	0	19436	Charlotte	Atkinson	F	0:32:18	0
21349	Runner	21349	M	0:37:14	0	21292	Alex	Attelsey	M	0:31:22	1:05:47
21350	Runner	21350	M	0:28:48	0:58:45	18929	Ellie	Attwater	F	0:34:45	1:11:17
21351	Runner	21351	M	0:28:49	0:58:44	61750	Chris	Austin	F	0:56:59	1:55:25
21352	Runner	21352	M	0:30:47	0	19101	Sarah	Austin	F	0:32:09	1:04:01
21353	Runner	21353	M	0:26:15	0:55:11	B					
21354	Runner	21354	M	0:29:30	0:58:45	61724	Alison	Bagguley	F	0:45:35	1:31:33
21355	Runner	21355	M	0:29:30	0:58:46	21303	Aaron	Bailey	M	0:21:48	0:47:59
21356	Runner	21356	M	0:25:26	0:51:41	61822	Colin	Bailey	M	0:40:29	0
21357	Runner	21357	M	0:25:44	0:52:46	21218	James	Ball	M	0:27:47	0:57:35
21358	Runner	21358	M	0:27:30	0	61620	Richard	Ball	M	0:25:37	0
21359	Runner	21359	M	0:27:25	0:54:25	19245	Cemaliye	Ballikaya	F	0:35:25	1:15:34
21360	Runner	21360	M	0:45:26	0	61669	Les	Bannell	M	0:27:06	0:55:08
21361	Runner	21361	M	0:27:30	0	23083	Sara	Bannister	F	0:32:36	0
21362	Runner	21362	M	0:30:39	0	23085	Sara	Bannister	F	0:56:06	1:50:40
23000	Runner	23000	M	0:29:03	0:59:23	19419	Emily	Barber	F	0:28:39	0
23007	Runner	23007	M	1:18:54	0	61637	James	Barker	M	0:22:30	0:45:34
23031	Runner	23031	M	0:25:10	0:50:10	19281	Thomas	Barnes	M	0:35:41	1:12:23
23033	Runner	23033	M	0:33:17	1:04:15	19484	Claire	Baron	F	0:31:53	0
23034	Runner	23034	M	0:30:07	1:03:18	21299	Priya	Basi	F	0:32:35	0
23035	Runner	23035	M	0:55:40	0	19376	Paul	Bastow	M	0:25:58	0:54:10
23036	Runner	23036	M	0:47:53	0	61706	Melanie	Bear	F	0:48:44	0
23037	Runner	23037	M	0:27:39	0:54:59	19310	Scott	Beatty	M	0:25:51	0:56:56
23038	Runner	23038	M	0:43:55	1:29:41	19239	Alma	Becic	F	0:31:08	1:05:00
23039	Runner	23039	M	0:29:47	0:59:42	19257	John	Beirne	M	0:22:17	0:47:52
23040	Runner	23040	M	0:28:04	1:04:24	19127	Kate	Bell	F	0:26:42	0
23041	Runner	23041	M	1:04:20	0	19454	S	Bennett	F	0:38:20	0
23043	Runner	23043	M	0:29:35	1:02:30	18991	Jeremy	Bensen	M	0:26:54	0:55:58
23045	Runner	23045	M	0:28:03	1:00:50	19294	Dominique	Benson	F	0:23:51	0
23046	Runner	23046	M	0:32:25	1:09:44	21273	Melissa	Berthet	F	0:31:59	1:04:31
23047	Runner	23047	M	0:40:08	1:25:46	61672	Peter	Bevan	M	0:30:45	0
23048	Runner	23048	M	1:07:08	1:33:34	61636	June	Biddick	F	0:27:24	0:54:43
23050	Runner	23050	M	1:27:42	2:06:48	21313	Martin	Bird	M	0:26:27	0:51:45
23051	Runner	23051	M	0:25:15	0:50:40	19168	Stephen	Blowfield	M	0:28:08	0:58:28
23052	Runner	23052	M	0:42:40	0	23020	Barbara	Bond	M	0:36:41	0
23110	Runner	23110	M	0:33:28	0	19106	Stewart	Bosier	M	0:23:30	0
23123	Runner	23123	M	0:28:24	0:59:38	19534	Gavin	Bosse	M	0:39:18	1:23:05
23124	Runner	23124	M	0:26:31	0:54:12	21302	Mieke	Botes	M	0:26:30	0
23125	Runner	23125	M	0:21:40	0:44:42	19293	Rebecca	Bothamley	F	0:25:12	0:50:37
23128	Runner	23128	M	0:25:29	0:51:47	19303	Kaley	Botting	F	0:27:41	0:56:23
A						21270	John	Bowers	M	0:26:20	0:55:05
61826	Richard	Abbott	M	0:29:48	1:02:49	19508	Mike	Bradford	M	0:22:12	0:44:13
61631	Andre	Ackin	M	0:32:12	0	23014	Patrick	Brailey	M	0:23:21	0:46:55
19485	Katie	Acton	F	0:31:53	0	61853	Miriam	Bremer	F	0:27:08	0:53:10
19374	Isabel	Adar	F	0:29:10	0	19260	Susan	Brent	F	0:47:43	1:38:23
19373	Luke	Adar	M	0:24:18	0	23098	Scott	Brenton	M	0:24:29	0:49:14
19372	Sandra	Adar	F	0:39:27	0	19390	Sophie	Brewer	F	0:29:51	0
61705	R	Ahmed	M	0:29:12	1:01:11	61813	Giorgio	Brida	M	0:27:07	0:56:13
						19539	John	Bridle	M	0:27:16	0:53:43

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
19236	Joseph	Brigham	M	0:26:08	0	61671	Debbie	Cox	F	0:33:52	1:09:24
18987	Clara	Brizey	F	0:39:23	0	61841	Emma	Cox	F	0:43:41	1:30:08
23119	Lesley	Brown	F	0:27:24	0:55:05	61758	Mariana	Cox	F	0:52:56	1:43:40
19201	Jacqueline	Bull	F	0:29:24	0:58:54	18951	Matthew	Cox	M	0:22:44	0
23113	Gary	Bulleyment	M	0:20:36	0	21315	Peter	Cox	M	0:31:55	1:05:58
19022	John	Bullock	M	0:25:27	0:51:18	19028	Rona	Cran	F	0:31:27	0
19481	Andrew	Burder	M	0:28:22	0:56:21	23029	Dawn	Crane	F	0:53:22	1:43:20
61833	Angeline	Burke	F	0:31:29	0:59:25	19331	Joe	Crane	M	0:23:23	0:46:39
21337	Carl	Burnside	M	0:31:26	0	19430	Matthew	Crane	M	0:28:46	0:56:40
61717	David	Burrell	M	0:35:17	0	19437	Pam	Creask	F	0:36:37	1:17:18
19026	Roxanne	Burton	F	0:40:25	0	19447	Henry	Cresser	M	0:22:21	0:43:42
19077	Harvey	Bush	M	0:28:16	0:58:04	19451	Monika	Crouse	F	0:23:07	0:46:19
21269	Rich	Butcher	M	0:22:17	0:44:02	21248	Lyndsey	Croxall	M	0:35:56	1:13:06
61824	Stefan	Butler	M	0:21:07	0:51:05	D					
23032	Christine	Buttigieg	F	0:26:35	0:55:21	21224	Laura	Dale	F	0:45:02	0
C						23009	Kamla	Dang	F	0:35:28	1:15:38
19242	Helen	Cahill	M	0:36:05	0	21304	Layla	Davidson	F	0:23:21	0:46:35
61665	Ewan	Campbell	M	0:24:32	0:51:22	18996	Annie	Davies	F	0:34:57	1:11:37
21221	John	Campbell	M	0:32:01	1:05:39	19354	Bethan	Davies	F	0:32:34	0
19299	Maria	Campbell	F	0:28:44	0:57:01	19400	Robert	Davies	M	0:27:47	0:57:37
19275	Tracy	Canham	F	0:35:21	1:10:46	19292	Steffanie	Dawes	F	0:29:13	0:58:59
23086	Ryuichi	Carganillo	M	0:31:06	1:04:49	23100	Guillemette	De Calbiac	F	0:34:49	1:12:05
61626	John	Carine	M	0:35:44	1:12:54	21271	Ariane	De Clippele	F	0:35:39	1:15:00
61781	Emma	Cariven	F	0:31:19	1:04:16	61775	Paul	De denis la soie	M	0:26:54	0:55:25
23015	Lindsay	Caron	F	0:33:35	0	61847	Keris	De Villiers	F	0:32:08	0
61823	Gisela	Carrillo	F	0:58:57	0	61849	Lee	De Villiers	M	0:33:38	0
21312	Kate	Carruthers	F	0:36:04	0	61723	Tracey	Deakin	F	0:38:28	1:18:26
19433	Natalie	Carter	F	0:34:04	0	19169	Christelle	Delbart	F	0:26:52	0:53:56
19319	Lizzie	Cartwright	F	0:29:34	0:58:44	21228	Terence	Diarcy	M	0:23:34	0:47:12
19515	Carl	Casagra	M	0:23:55	0:47:06	21214	Kenyi	Diaz	M	0:29:40	0
18952	Sarah	Castree	F	0:31:10	1:03:06	19221	Ken	Dickie	M	0:25:36	0:51:28
19138	Alex	Castro	M	0:22:01	0:44:56	18985	Stacey	Dickinson	F	0:56:00	0
18941	Deborah	Chaffe	F	0:34:09	0	19081	Martha	Dillon	F	0:24:52	0:50:18
21227	Kerry	Challis	F	0:29:20	1:00:44	23065	Sarah	Dix	F	0:29:22	1:00:38
61834	Ashleigh	Chandler	F	0:50:23	1:40:42	61707	Lee	Dixon	M	0:29:56	0:59:44
61644	Robert	Chapman	M	0:26:45	0:54:14	61678	Kathleen	Do	F	0:55:56	0
61842	Hamid	Cheddad	M	0:26:47	0:53:04	23090	Scott	Dodgson	M	0:30:18	1:05:52
61848	Laura	Cheddad	F	0:43:41	1:30:07	18936	Denis	Doherty	M	0:31:25	1:05:14
61699	Uma	Chiplunken	F	0:32:34	1:06:30	19253	Linda	Donaldson	F	0:37:39	1:17:41
19473	Emilia	Chmielarz	F	0:29:41	1:02:14	21314	Nicola	Doust	F	0:26:28	0:51:46
19013	Shera	Chok	F	0:31:30	1:05:12	61628	Simon	Doust	M	0:26:28	0:51:39
19184	Lauretta	Ciuffardi	F	0:33:53	1:05:20	61778	Chris	Doyle	M	0:26:09	0:53:27
19183	Nina	Ciuffardi	F	0:33:54	1:06:57	21203	Daniel	Doyle	M	0:27:54	0:58:13
19103	Peter	Cleghorn	M	0:27:31	0:57:12	19111	Louise	Draper	F	0:27:34	0
19523	Lisa	Clissold	F	0:30:24	0	19409	Virgine	Droniou	F	0:27:22	0
19002	Ray	Clydesdale	M	0:25:01	0:50:27	21272	Diaan	Drotsky	M	0:26:18	0:51:38
21236	Natasha	Coe	F	0:31:42	1:05:52	19511	Rachel	Duke	F	0:29:43	1:01:09
19098	Len	Cohen	M	0:26:41	0:54:06	21329	Anbela	Dullaghan	F	0:28:05	0:56:21
23118	Thomas	Coles	M	0:22:41	0:46:35	19012	Malcolm	Durrant	M	0:33:29	1:08:55
19542	Chris	Collings	M	0:27:57	0:56:13	19220	Wayne	Dwyer	M	0:25:34	0:51:27
18986	Lesley	Collins	F	0:39:24	0	E					
23030	Peter	Collins	M	0:33:20	1:07:49	21240	Chantelle	Easmon - Johnso	F	0:39:28	0
19323	Jane	Colston	F	0:25:03	0:50:48	23121	Christina	Eason	F	0:25:02	0:50:04
23001	Kyle	Cook	M	0:38:02	0	61771	Colin	Edwards	M	0:31:57	1:08:05
19222	Linda	Cook	F	0:28:45	0:56:43	21278	Vic	Egerton	M	0:30:42	1:02:11
19452	Gabriel	Cooke	M	0:22:12	0:43:36	21222	Simon	Eillespie	M	0:26:06	0:52:24
19525	Glenn	Cooney	M	0:23:54	0:49:35	23024	Malin	Ekstrom	F	0:27:02	0
61836	Bronwyn	Cooper	F	0:35:41	0	19529	Omar	El-Atribi	M	0:23:55	0
23106	Jane	Cooper	F	0:33:19	0	19315	Mona	El-Osta	F	0:34:11	1:05:52
61811	Jessica	Cooper	F	0:35:32	0	19359	Stephen	Elting	M	0:29:21	0:58:27
23107	Mia	Cooper	F	0:31:32	0	21256	Louis	England	F	0:35:37	0
19010	Steve	Cooper	M	0:26:44	0:54:45	21255	Olivia	England	F	0:36:37	0
23116	Orla	Cottell	F	0:35:21	1:10:45	21257	Stephen	England	M	0:46:41	0
19161	Terry	Couchman	M	0:25:37	0:53:51	19538	Caroline	Evans	F	0:33:25	1:11:08
19244	Polly	Courtney	F	0:23:44	0:47:23	18940	Stephen	Evans	M	0:31:55	1:05:58
19200	Olivia	Cowen	F	0:38:04	1:17:21						
61837	Charlotte	Cox	F	0:43:41	1:30:06						

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
F						18958	Michelle	Gunning	F	0:36:19	1:14:07
21317	Leslie	Fair	M	0:37:45	0	61804	Sunny	Gupta	M	0:25:54	0:52:40
21316	Zoe	Fair	F	0:37:45	0	19108	David	Gwyther	M	0:26:51	0
21277	Jeff	Farmer	M	0:20:22	0:40:48	H					
23127	Caroline	Fenn	F	0:28:06	0:56:54	19261	Stacy	Hackner	F	0:31:03	1:02:11
21233	Emma	Fenney	F	0:25:03	0:49:39	18978	Rebecca	Haden	F	0:31:16	1:03:44
19160	John	Fentiman	M	0:25:21	0:51:59	23027	Harpa D-gg	Hafsteinsd%ttir	F	0:37:11	0
61802	Alberto	Ferrandiz	M	0:22:04	0:43:55	19153	Premila	Halai	F	0:37:51	1:31:13
61661	Joel	Filer	M	0:24:09	0:48:05	61790	Craig	Hall	M	0:33:49	1:14:52
19501	Ben	Fisher	M	0:23:55	0:47:06	61729	Michelle	Hall	F	0:53:14	1:43:24
19509	Lynnsey	Fitzgerald	F	0:33:01	1:06:57	61736	Richard	Hall	M	0:41:16	1:22:43
19358	Alison	Fletcher Rogers	F	0:31:15	0	61762	Matthew	Hammonds	M	0:20:21	0
19007	Susan	Forbes	F	0:43:51	0	19034	Marc	Hamshaw	M	0:22:08	0:43:19
19446	Carl	Foreman	M	0:25:33	0	18993	Simon	Hance	M	0:24:25	0:50:16
19290	Csilla	Forrai	F	0:27:58	0:55:58	19109	Chris	Harding	M	0:23:55	0:49:10
18999	Kim	Forsberg	F	0:30:48	1:04:22	23080	Caroline	Hardman	F	0:38:58	1:20:24
21324	Gavin	Forsyth	M	0:28:27	0	19195	Adam	Harris	M	0:20:59	0:42:13
61702	William	Foster	M	0:31:27	1:05:51	23079	Jacqueline	Harris`	F	0:29:59	0
19141	Deborah	Fowler	F	0:28:52	0	19348	Daniel	Hawkes	M	0:25:28	0
61835	Billy	Fox	M	0:26:47	0:54:01	61625	Nicci	Hawkins	F	0:24:59	0:51:00
19349	Jules	Francis	M	0:25:31	0:53:40	19381	Kerry	Hawthorne	F	0:25:03	0:50:50
21209	Kenny	Fraser	M	0:23:49	0:48:30	61746	Catriona	Hayes	F	0:46:16	1:32:39
19191	Kathrin	Friedrich	F	0:48:03	0	19043	Alice	Haynes	F	0:24:24	0:49:53
19428	Jen	Fu	F	0:29:28	0	23109	Issabella	Heaber	F	0:37:19	0
19137	Valerie	Furbank	F	0:33:42	1:08:32	61810	Leah	Heale	F	0:26:25	0:52:56
G						21268	Bobbi	Heath	M	0:30:40	0:59:35
61766	Edward	Gadsby Peet	M	0:24:54	0:50:50	18969	Jemma	Heath	F	0:31:21	1:03:41
23003	Roger	Gaffney	M	0:48:11	1:37:39	19135	Timothy	Heavisides	M	0:22:49	0:46:43
61844	James	Galbraith	M	0:50:21	1:40:24	23063	Reg	Hemstock	M	0:29:09	0:57:36
61700	Lana	Gandhi	F	0:43:54	1:30:58	61712	Dave	Herd	M	0:26:13	0:55:50
61792	Kevin	Gartlan	M	0:26:44	0:54:02	19531	Jose Maria	Hernandez Villalo	M	0:26:21	0:51:19
21323	Virginia	Garton	F	0:28:55	0	61693	Josh	Herrera	M	0:27:06	0
19472	Julia	Gaskell	F	0:29:40	1:00:41	61807	Malcolm	Hibbert	M	0:24:35	0:51:48
19270	Seamus	Geoghegan	M	0:27:18	0:55:40	18976	Jennifer	Hicks	F	0:27:41	0:56:43
19522	Sophia	Georgiou	F	0:45:42	0	21289	Tony	Hicks	M	0:27:48	0:56:55
61748	Joanna	Gilchrist	F	0:35:12	1:14:59	19398	Helen	Higgs	F	0:26:45	0:53:45
23084	Clare	Girling	F	0:32:30	0	61819	Anthony	Hill	M	0:32:35	1:09:12
19431	Michael	Glaser	M	0:28:38	0:56:37	18935	Jonathan	Hills	M	0:25:57	0
61713	Lewis	Glaze	M	0:30:17	1:02:35	21298	Lucy	Hillyard	F	0:28:16	0:58:14
19070	Mark	Gledhill	M	0:24:43	0:50:22	18997	Jonathan	Himoff	M	0:25:10	0:51:49
61710	Paul	Godfrey	M	0:28:05	0:55:19	18998	Stephanie	Himoff	F	0:25:10	0:51:53
18966	Lyndsey	Goldsmith	F	0:31:08	1:02:28	61854	Rebecca	Hiscock	F	0:35:46	0
19356	Caroline	Golledge	F	0:27:00	0	23028	Christian	Hitchcock	M	0:24:41	0:52:58
23101	Michelle	Gonzales	F	0:32:32	0	19234	Anna	Hodson	F	0:27:43	0
23089	Chris	Good	M	0:26:40	0:50:30	19367	Chris	Holden	M	0:30:48	0:57:40
19411	Johnny	Gorman	M	0:19:45	0:42:26	19105	Rhian	Holland	F	0:31:09	1:03:05
21260	Carol	Gosling	F	0:30:05	0	19420	Gemma	Holleran	F	0:33:46	0
19296	Camilla	Graham	F	0:24:03	0:49:17	19503	Karen	Holmes	F	0:27:22	0:55:19
61798	Clint	Graham	M	0:24:56	0:49:54	21246	Rob	Holvey	M	0:31:48	1:06:32
21327	Jo	Gransalves	F	0:34:59	1:10:13	61732	Gemma	Hooper	F	0:54:34	1:52:36
21267	Jason	Grant	M	0:30:40	0:59:29	23111	Matt	Hope	M	0:22:31	0:47:07
19240	Annabel	Gray	F	0:28:31	0	19037	Esther	Hopkins	F	0:41:08	1:27:56
23006	Darren	Gray	M	0:42:02	0	21282	James	Horobin	M	0:26:19	0:56:17
19088	Helena	Green	F	0:22:40	0:45:12	61812	Chris	Horsnell	M	0:24:36	0:48:50
21262	Jamie	Green	M	0:49:09	0	19241	Lexie	Hoskins	F	0:28:00	0:56:44
61677	Jane	Green	F	0:49:56	0	18942	Lucy	Howard	F	0:24:44	0:49:40
61714	P	Green	F	0:23:18	0	61735	James	Howarth	M	0:49:58	0
21259	Colin	Greening	M	0:29:31	0	19189	Darren	Howe	M	0:23:38	0:46:47
61718	Lisa	Gregory	F	0:37:26	1:14:04	61711	Kassy	Howell	F	0:42:15	1:24:25
18937	Mark	Gregory	M	0:28:20	0:56:13	19506	Alan	Hughes	M	0:22:46	0:47:11
61743	Wayne	Grimshaw	M	0:29:23	1:03:54	19415	Iain	Hunter	M	0:26:58	0:59:45
19232	Laetitia	Grinevald	M	0:31:59	1:11:35	61801	Paul	Hussey	M	0:26:51	0:54:22
18930	Matthew	Grist	M	0:34:45	1:11:17	61715	Stephen	Hutchinson	M	0:23:13	0
61784	Jeanette	Grundie	F	0:42:52	1:27:18	19029	Georgina	Hutton	F	0:30:01	1:00:28
61783	Ian	Grundle	M	0:42:53	1:27:19	23022	Robert	Hutton-Wood	M	0:33:54	0
61741	Yvonne	Grundy	F	0:49:34	1:39:20	19309	Tri	Huynh	M	0:31:13	1:03:36
						18945	Kelly-Anne	Hyden	F	0:46:14	0

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time
I					
19015	Rob	Isaacs	M	0:27:43	0:53:52
J					
19196	David	Jackson	M	0:35:45	0
19361	Kate	Jackson	F	0:30:44	1:04:26
19197	Nicole	Jackson	F	0:35:46	1:09:07
21288	Caroline	James	F	0:24:51	0:50:35
21284	Harriet	James	F	0:25:34	0
19182	Hana	Jancikova	F	0:33:51	1:09:31
61655	Mateusz	Janczak	M	0:19:03	0:38:43
19159	Kirstin	Jenkins	F	0:47:59	0
19544	Vernon	Jenner	M	0:39:18	1:23:02
19254	Ben	Johnson	M	0:23:02	0:46:39
19249	Carolyn	Johnson	F	0:31:19	0
21232	Vince	Johnson	M	0:28:16	1:00:31
19360	Iain	Johnston	M	0:27:13	0:57:18
21241	Billy	Jones	M	0:27:19	0:58:16
19520	Dee	Jones	F	0:29:50	1:02:38
61651	Perera	Jose Juan	M	0:28:06	0:58:59
18934	Lisa	Judes	F	0:32:43	1:06:55
23092	Paula	Juson	F	0:43:42	0
K					
21207	Rafael	Kadomozo	M	0:31:53	0
21223	Knut	Kamaphallel	M	0:19:08	0
19216	Andrew	Kane	M	0:50:01	0
19041	Tracy	Kane	F	0:28:12	0
19107	Sandrine	Kane Fane	F	0:30:39	0
18983	Toshi	Kaur	F	0:41:35	0
21308	Dylan	Keene	M	0:45:25	0
19526	Jude	Keene	F	0:45:20	0
19255	Julia	Kelk	F	0:23:12	0:45:59
61831	Natalie	Kellard	F	0:29:40	1:02:27
19394	Caroline	Kelly	F	0:21:49	0:44:05
23010	Claire	Kelly	F	0:49:53	0
19396	Jonathan	Kelly	M	0:21:31	0:44:17
19285	Zoe	Kelly	F	0:23:26	0:47:18
21300	Claire	Kennedy	F	0:25:49	0:53:29
21202	Stephanie	Kent	F	0:57:02	1:57:34
19457	Samantha	Kesting	F	0:27:30	0:56:17
61814	Alice	Ketteringham	F	0:25:08	0
61744	Elizabeth	Kewell	F	0:39:05	1:22:02
61632	Maria	Kilkenny	F	0:29:35	0
21296	Justin	King	M	0:22:01	0:43:59
23091	Michael	King	M	0:38:14	0
18974	Sarah	King	F	0:24:43	0:49:47
19321	Courtney	Klopper	F	0:34:35	1:14:54
61629	Alyssa	Kondonis	F	0:27:12	0
19272	Reka	Kormendi	F	0:25:04	0:50:19
61725	Nicola	Kueantmous	F	0:34:17	0
18960	Altesse	Kyezu	M	0:36:28	0
19074	Peter	Kyte	M	0:30:50	1:03:15
L					
23099	Van	Lambie-Nairn	M	0:27:31	0:54:14
61662	Billy	Lane	M	0:36:44	0
19014	Lisa	Lang	F	0:27:48	0:54:45
61768	Claire	Larbey	F	0:28:58	0:57:48
19054	Nick	Larson	M	0:21:32	0:44:13
19541	Dan	Laundy	M	0:27:00	0:57:36
61745	Julie	Lawler	F	0:33:40	1:10:36
61701	Eva	Le Blanc	F	0:40:07	1:20:49
61680	Mark	Learner	M	0:29:30	1:00:57
21245	Hannah	Leary	F	0:58:44	0
18992	Marcus	Lee	M	0:25:34	0:51:46
18989	Toby	Lee	M	0:25:26	0:50:59
21309	Scarlett	Leene	F	0:38:35	0
61666	James	Leitao	M	0:41:51	0

19474	Matthew	Leitch	M	0:20:20	0
19044	Gemma	Le-Rossignol	F	0:26:48	0:54:09
21215	Anthony	Lett	M	0:29:40	0
19365	Alvin	Leung	M	0:23:59	0:50:42
19429	Claire	Lewis	F	0:27:59	0:55:51
19089	David	Lewis	M	0:23:33	0:46:15
23114	Yee Wah	Li	F	0:36:39	0
61624	Catherine	Lightfoot	F	0:29:10	0:59:36
19507	Joanne	Lim	F	0:30:26	1:02:38
18964	Sophie	Lindstrom	F	0:25:26	0:50:38
19521	Anne	Lippitt	F	0:29:34	0
19322	Elizabeth	Lockwood	F	0:34:35	1:14:56
19426	Lyall	Logan	M	0:23:50	0
18957	Indi	Lohia	F	0:48:00	0
19427	Tamas	Lovas	M	0:21:49	0:43:27
61757	Sean	Lovegrove	M	0:40:01	1:23:25
23016	Joe	Lukens	M	0:23:59	0:48:25
61674	Geoffrey	Lungu	M	0:30:29	1:00:06
61645	Gioia	Luraschi	F	0:29:01	0:56:49
23068	Volunteers	Luton BHF Shop	M	0:49:31	1:34:46
23075	Volunteers	Luton BHF Shop	M	0:53:48	0
23067	Volunteers	Luton BHF Shop	M	0:59:52	1:58:56
23070	Volunteers	Luton BHF Shop	M	0:44:56	1:30:17
23071	Volunteers	Luton BHF Shop	M	0:39:15	1:22:47
23072	Volunteers	Luton BHF Shop	M	1:09:25	1:54:40
23073	Volunteers	Luton BHF Shop	M	1:04:44	0
23074	Volunteers	Luton BHF Shop	M	1:41:58	0
23069	Volunteers	Luton BHF Shop	M	0:43:35	1:28:35
19280	Dee	Lye	F	0:23:45	0
M					
19512	Daniel	Macadam	M	0:22:54	0:46:19
23105	Oliver	Mace	M	0:26:11	0
19456	Dearbhla	Macfadden	M	0:28:04	0:56:12
61800	Jane	Machardie	F	0:35:02	0
19494	Rebekah	Macleary	F	0:27:28	0:54:46
19231	Laurence	Maddock	M	0:21:16	0:43:47
61657	Andrea	Magold	F	0:36:35	0
61777	Megan	Magold	F	0:31:55	0
19033	Rafsanjan	Mapag	M	0:39:33	0
61815	Nick	Markwell	M	0:31:24	1:04:56
19476	Thomas	Marriage	M	0:19:23	0:39:27
61681	Lee	Martin	M	0:33:28	1:09:13
18990	Leo	Martin	F	0:29:42	0
21204	Simon	Masters	M	0:32:17	1:06:52
23013	Vincent	Masterton	M	0:38:30	1:16:25
61730	Jacob	Matthews	M	0:53:22	1:39:16
61850	Malcolm	Matthews	M	0:28:13	0:55:56
21211	Laura	May	F	0:28:45	0:59:34
61806	Donnacha	Mccarthy	M	0:21:54	0:46:21
18973	Philip	Mccartney	M	0:30:08	1:03:04
61738	Elaine	McClennon	F	0:54:35	1:52:37
61668	Wendy	McDermott	F	0:43:19	1:27:16
61755	Bernie	McDevitt	F	0:52:57	1:43:42
19352	Luke	Mcdonnell	M	0:22:51	0:47:45
19368	Peter	Mcevoy	M	0:22:09	0:46:03
21290	Duncan	McGill	M	0:24:55	0:45:45
19086	Robert	Mcguire	M	0:23:51	0:50:44
19545	Andrew	McKay	M	0:27:35	0:58:48
61747	Joy	McMillan	F	0:52:56	1:43:41
19412	Dave	McNeill	M	0:25:42	0
21318	Nell	Mcran	M	0:27:15	0
18959	Damon	Meaney	M	0:40:04	1:20:00
23126	Claire	Mediene	F	0:29:54	0
61726	Pamela-Jane	Messenger	F	0:53:14	1:43:23
19387	Sue	Mifsud	F	0:42:17	0
19505	Alize	Mintegi	M	0:23:20	0:48:12
19130	Mohammed	Modan	M	0:24:57	0:51:33

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
19364	William	Moody	M	0:32:57	0	19003	Caroline	Parsons	F	0:36:25	1:13:52
61727	Shaandeep	Moore	F	0:28:39	0:59:26	19113	Bhavna	Patel	F	0:41:47	0
21320	Lily	Moran	F	0:38:37	0	19152	Manjula	Patel	F	0:36:47	1:30:07
21321	Noah	Moran	M	0:35:37	0	19093	Vaishali	Patel	F	0:33:12	1:07:30
19388	Alexandra	Moreno-Hemmin	F	0:29:49	1:01:41	19076	Victoria	Patel	F	0:30:34	1:03:00
19024	Brook	Morgan	F	0:30:46	1:01:10	23021	Darren	Patey	M	0:25:50	0:52:07
23081	Jude	Morgan	F	0:28:24	0:57:29	19134	Mike	Paton	M	0:28:50	0
23078	Ruth	Morgan	F	0:31:45	1:04:16	19289	Ibi	Paul-Worika	F	0:32:00	0
19540	James	Morris	M	0:20:59	0:42:56	61769	Emma	Paveley	F	0:28:33	0:56:15
21307	Ben	Moss	M	0:26:50	0:57:12	19038	Kara	Pavey	M	0:35:19	0
21310	Caitlin	Moss	F	0:29:10	1:01:37	19282	Paul	Paxton	M	0:25:03	0:50:52
21306	Melanie	Moss	F	0:29:11	1:01:35	21319	Lisa	Payne	F	0:28:54	0
61793	Dorothee	Moutafis	F	0:30:10	1:00:40	19530	Mari Angeles	Perez Sola	F	0:27:38	0:55:26
19265	Adrienne	Moyce	F	0:27:16	0:55:39	21263	Neil	Perkins	M	0:49:07	0
23062	Patrick	Moynihnan	M	0:22:50	0:46:24	18977	Andrew	Pettman	M	0:27:29	0
19332	Andrew	Mui	M	0:27:36	0:56:02	19158	Ralph	Petts	M	0:27:22	0:55:05
21238	Peter	Munson	M	0:35:55	1:15:10	61663	Brad	Phillips	M	0:32:35	1:03:38
23011	Siobhan	Murphy	F	0:49:52	0	19226	Jacquie	Phillips	F	0:24:41	0:49:14
19395	Andrew	Murray	M	0:20:08	0:41:09	61623	Hadrien	Piana	M	0:23:05	0
61656	Andy	Murray	M	0:26:01	0	19040	Robert	Pike	M	0:31:45	1:05:10
19314	James	Murray	M	0:26:12	0:52:45	19535	Steven	Pike	M	0:33:41	0
N						21281	Lewis	Poe	M	0:26:16	0
61658	Rowena	Naile	F	0:26:00	0	19459	Benjamin	Portheault	M	0:25:28	0:54:14
61799	Sean	Naile	M	0:26:00	0	21305	James	Postgate	M	0:26:28	0:55:26
19326	Naveed	Nanjee	M	0:25:48	0:51:45	19121	Julie	Potter	F	0:36:32	0
61704	Deepak	Nayar	M	0:43:26	1:30:29	19123	Richard	Potter	M	0:22:02	0:44:06
19170	Helen	Neal	F	0:36:42	1:14:13	61821	Pam	Poulley	F	0:51:21	0
61782	Daniel	Neilson	M	0:31:18	1:04:15	23017	Jack	Povey	M	0:42:15	1:24:14
61682	Kirsty	Nery	F	0:48:44	0	18995	Amy	Powditch	F	0:34:58	1:11:38
61770	Anna	Newman	F	0:28:45	0:55:53	23087	Tim	Powell	M	0:25:03	0:50:12
21231	Alison	Nicholls	F	0:42:29	1:26:08	23025	Leanne	Powers	F	0:34:51	1:11:04
19404	Charlotte	Nicol	M	0:39:26	0	19475	Edward	Preston	M	0:18:52	0
19405	Susannah	Nicol	F	0:47:57	0	19091	Dave	Price	M	0:24:31	0:49:36
19421	Jasper	Niesing	M	0:20:12	0	19112	Lucy	Price	F	0:36:19	0
19316	Tsutomu	Nishimori	M	0:27:50	0:55:43	19277	Harriet	Publicover	F	0:24:27	0:49:55
61667	Jennifer	Nixon	F	0:30:54	1:02:50	61742	Helen	Pumley	F	0:25:05	0:51:35
19262	Alastair	Noakes	M	0:24:53	0:50:58	19362	Steven	Purton	M	0:26:43	0:55:19
19369	Nina	Norris	F	0:33:55	0	Q					
61649	Rob	Norris	M	0:32:42	0	18968	Tony	Quant	M	0:22:07	0:45:58
23093	Darren	Noyce	M	0:28:49	0:58:44	18971	David	Quinn	M	0:29:39	0
23094	Elizabethella	Noyce	F	0:41:34	0	R					
23095	Michelle	Noyce	F	0:51:54	0	19392	Velayudham	Radhakrishnan	M	0:42:31	0
O						21237	Janson	Ragon	M	0:36:54	1:13:56
19407		Oates	F	0:26:50	0:57:14	21301	David	Rainbow	M	0:32:37	1:06:32
19406	Imogen	Oates	F	0:30:41	0	61684	Lee	Rainbow	M	0:23:14	0:47:01
18967	Joanna	O'brien	F	0:36:09	1:15:50	18928	Anna	Ramberg	F	0:34:01	0
19455	Jonathan	O'connor	M	0:27:44	0:57:22	23088	Praneet	Randhawa	F	0:35:26	1:11:56
19504	Jude	Oddy	M	0:29:25	0:58:44	19100	Ruth	Ranjan	F	0:35:08	1:12:36
19438	Paul	O'Gorman	M	0:23:24	0:48:44	61639	Luca	Ravagnani	M	0:30:03	1:00:00
19342	Patrick	O'Keeffe	M	1:03:20	2:06:17	19528	Nikki	Reale	F	0:25:24	0:52:18
18924	Philip	Olm	M	0:27:29	0:58:18	19273	Philip	Redston	M	0:27:58	0:52:48
19453	David	Oram	M	0:24:33	0:50:03	61827	Nick	Reeves	M	0:42:16	0
21328	Jane	O'Sullivan	F	0:28:37	1:01:12	61773	Brian	Reid	M	0:36:50	1:04:53
19258	Percy	O'sullivan	M	0:28:45	0:58:34	61772	Maxine	Reid	F	0:40:10	1:23:03
19333	Matthew	Outterside	M	0:28:52	0	61733	Nick	Reynolds	M	0:32:45	1:14:19
19443	Catherine	Owen	F	0:28:18	0	19499	Christopher	Rice	M	0:23:11	0:48:15
19163	Robert	Owen	M	0:47:59	0	19493	Ollie	Rice	M	0:31:01	1:03:13
19403	Harry	Owen-White	M	0:48:00	0	19259	Lloyd	Richardson	M	0:24:28	0:49:13
P						21258	Adrian	Riding	M	0:36:08	0
21239	Kevin	Painter	M	0:26:38	0:50:05	19370	Isella	Rigoulet	F	0:29:18	0:58:38
19393	Puvithira	Palaniappan	F	0:42:31	0	19001	James	Riley	M	0:27:10	0:56:31
19267	Dominic	Palman	M	0:34:52	1:06:14	21205	Jamey	Riley	M	0:29:15	1:04:31
19247	Brian	Parish	M	0:24:36	0:49:56	21247	Sarah	Riley	F	0:58:43	0
61809	James	Parker	M	0:24:37	0:48:50	19380	Greg	Ring	M	0:29:42	0
21293	Kevin	Parker	M	0:20:52	0:41:41	19524	Jennifer	Roberts	F	0:25:33	0
19483	Andrew	Parsons	M	0:20:48	0:41:51	61764	Sam	Roberts	M	0:22:55	0:47:20

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
61720	Lucy	Robinson	F	0:29:23	1:00:38	19379	Michelle	Staunton	F	0:33:38	0
19283	Sharmayne	Robinson	F	0:32:01	0	21322	David	Stawell	M	0:26:18	0
21244	Chloe	Rodgers	F	0:41:14	0	19052	Sarah	Stead	F	0:24:12	0:49:32
61846	Katie	Roebuck	F	0:33:30	1:09:18	61765	James	Steatham	M	0:25:19	0:50:59
21230	John	Root	M	0:36:44	1:15:59	19350	Steph	Stedman	F	0:29:34	1:01:02
19351	Sally	Rose	F	0:29:17	0:56:38	19490	Alex	Steed	M	0:20:16	0:40:35
21208	Amy	Ross	F	0:34:33	0	19167	Freddy	Steele	M	0:22:22	0:44:43
61685	Joane	Ross	F	0:42:17	1:24:14	19363	Nicola	Steele	F	0:35:03	0
19198	Peter	Ross	M	0:23:11	0:48:33	19495	Roger	Stephenson	M	0:23:34	0:46:58
19291	Ann	Rostern	F	0:21:36	0	18927	Linda	Stickland	F	0:37:22	0
61650	Graham	Rowe	M	0:31:30	1:06:35	19408	Phillip	Stiff	M	0:20:03	0:41:22
23102	Mary	Rumley	F	0:42:16	0	61646	Mellissa	Stirling	F	0:31:42	1:05:11
23012	Mary	Rumley	F	0:40:00	0	61734	Andy	Stone	M	0:45:47	1:28:13
61697	Ashley	Russell	M	0:24:06	0:48:03	61759	Annie	Stone	F	0:43:52	1:22:08
S						19469	Rachel	Strother	F	0:28:25	0:56:52
19097	Giles	Sams	M	0:25:46	0	23023	Jessica	Stuart	F	0:25:02	0:50:28
21206	Filis	Samuel	M	0:17:41	0:39:27	23077	Andreas	Suesskow	M	0:26:05	0:54:19
21283	Helenn	Sandberg	F	0:25:08	0:48:36	23005	Kashif	Suleman	M	0:42:01	0
61754	Rajen	Sangani	M	0:48:53	1:40:58	21265	Nicholas	Sullivan	M	0:33:46	0
19345	Phil	Sansom	M	0:31:59	1:07:56	21279	Felicity	Sutherland	F	0:27:58	0:56:12
21212	Andrew	Saunders	M	0:23:46	0:48:40	18972	Alexander	Swainsbury	M	0:25:49	0:54:44
21280	Kim	Savage	F	0:25:15	0:51:54	19301	Anna	Swan	F	0:29:29	1:00:11
61722	Sally	Sawkins	F	0:29:22	1:00:44	19307	Ashley	Swan	M	0:27:46	0
61622	Jackie	Scarfe	F	0:25:43	0	19413	Stuart	Sweeney	M	0:25:27	0:52:28
19062	Petra	Schonova	F	0:31:02	1:06:28	61740	Richard	Sweeting	M	0:42:47	1:25:48
19006	Henning	Schreiber	M	0:27:58	0	61634	Bernadette	Swords	F	0:28:15	0:57:47
19175	Chris	Screen	M	0:34:03	1:09:43	T					
19133	Fran	Searle	F	0:41:48	0	19302	Ros	Tabor	F	0:26:00	0
18923	Hannah	Self	F	0:40:54	1:27:42	61690	George	Taylor	M	0:26:13	0:54:56
19513	Lina	Sennevall	F	0:22:54	0:46:19	23112	James	Taylor	M	0:26:10	0
19080	Joanna	Serrano	F	0:30:52	1:03:30	18963	Paul	Taylor	M	0:31:03	1:00:12
19055	Thomas	Setterfield	M	0:21:32	0:43:21	19199	Perry	Taylor	M	0:22:08	0:45:37
19166	Tomas	Shanahan	M	0:18:33	0:37:43	19223	Stuart	Taylor	M	0:28:46	0:58:34
19313	Catherine	Shaw	F	0:30:26	0	19418	Kantilal	Teli	M	1:00:21	1:58:53
19278	Laura	Sheard	F	0:31:17	0	21285	Jay	Teunis	M	0:24:59	0:50:09
18922	Dave	Sherman	M	0:20:57	0:43:07	19256	Joanna	Thomas	F	0:27:09	0:54:57
21295	Dean	Sherrard	M	0:29:24	1:00:42	18988	Laura	Thompson	F	0:49:05	0
19090	Praneet	Shivaprasad	M	0:28:46	0	61670	Stuart	Thompson	M	0:22:21	0:44:53
61659	Florida	Shrestha	F	0:34:16	0	19432	Layelle	Thomson	F	0:33:46	0
61753	Mark	Siddons	M	0:33:01	1:07:55	61689	Jill	Thorlacius	F	0:31:12	1:06:38
23019	Adam	Sims	M	0:27:49	0:59:15	21242	Huy	To	M	0:26:39	0:54:01
19465	Eleanor	Sinclair	F	0:29:39	1:00:40	19268	Lucy	Tofield	F	0:30:34	1:04:02
61805	Angad	Singh	M	0:31:29	1:02:24	21264	Peter	Togwell	M	0:47:46	0
19340	Dharampal	Singh	M	1:16:56	0	19335	Frederick	Tomlinson	M	1:03:21	2:06:17
21266	Stuart	Skeggs	M	0:46:42	0	19489	Adam	Tonge	M	0:24:08	0:48:23
21331	Janine	Slater	F	0:26:13	0:52:39	23002	Lisa	Torrieri	F	0:30:28	1:02:24
21217	Andrew	Smith	M	0:28:33	0:59:53	19126	Jennifer	Treasure	F	0:40:09	1:20:39
61737	Anthony	Smith	M	0:38:14	1:19:10	23122	Colin	Tregear	M	0:22:27	0:45:14
18961	Georgia	Smith	F	0:34:57	1:11:02	19252	Jackie	Tregear	F	0:33:59	0
61796	Gerard	Smith	M	0:27:48	0	19543	Alma	Trickey	F	0:59:07	2:00:00
23097	James	Smith	M	0:20:27	0	23108	Avril	Trickey	F	0:59:59	0
19496	Laura	Smith	F	0:29:05	1:01:28	21213	Emma	Trotter	F	0:30:53	0
19461	Mark	Smith	M	0:39:48	1:25:48	21297	Alhis	Tsimararos	M	0:27:05	0:53:25
23115	Michael	Smith	M	0:36:28	0	19527	John	Turner	M	0:23:28	0:47:15
19320	Richard	Smith	M	0:27:17	0:58:37	23061	Lucy	Turner	F	0:28:44	0:57:12
19085	Samantha	Smith	F	0:35:21	0	U					
19458	Shaun	Smith	M	0:26:24	0:53:47	61691	Pardeep	Uppal	M	0:42:14	1:24:13
61687	Thomas	Smith	M	0:23:42	0:48:35	19353	Hideki	Utsunomiya	M	0:33:31	0
19410	Tim	Snow	M	0:25:55	0	V					
19343	Venna	Solanki	F	0:58:47	0	19344	Arvinda	Vaid	F	0:58:48	0
19312	Engin	Somuncu	M	0:23:51	0:49:11	21294	Alejandro	Valls	M	0:26:51	0
23066	Jyotsna	Soni	F	0:53:18	1:55:09	19215	Ilonka	Van Der Hoeven	F	0:26:21	0:54:41
61688	Richard	Spear	M	0:34:46	1:09:41	61794	Marina	Van Deventer	F	0:40:21	1:18:31
21243	David	Spencer	M	0:31:17	0	19005	Pavlina	Varbanova	F	0:28:00	0
19096	Laura	Sprules	F	0:26:40	0	19276	Phillipa	Veitch	F	0:35:18	1:10:44
23103	Jessica	Stapley	F	0:28:46	0:56:58	21250	Paul	Vincent	M	0:27:27	0:55:53
23026	Jenny	Stare	F	0:27:33	0						

2013 BHF Tower Run

Listed in Last Name order

No	First Name	Last Name	M/F	5K Time	10K Time	No	First Name	Last Name	M/F	5K Time	10K Time
19018	Bhavna	Vishnuram	F	0:34:57	1:10:38						
19019	Kamlesh	Vishnuram	M	0:59:02	1:58:26						
23018	Eduardo	Volpe	M	0:21:37	0:44:38						
61774	Maria	Vrabcova	F	0:28:37	0:56:49						
W											
19131	Abdul	Wahid	M	0:28:19	0:56:39						
19072	Dawinder	Wahla	M	0:23:53	0:49:50						
19102	Gemma	Walder	F	0:32:09	1:04:01						
21291	Jeff	Walker	M	0:27:35	0:56:11						
19087	Simon	Walker	M	0:21:06	0:43:03						
18984	Eleanor	Walkinshaw	F	0:49:53	0						
61761	Robert	Walkley	M	0:30:00	0						
19306	Sarah-Jane	Wall	F	0:26:21	0:51:21						
21330	Justin	Walters	M	0:26:00	0						
61776	Kay	Walters	F	0:26:10	0:51:21						
61840	Ellie	Walton	F	0:29:22	0:59:51						
19288	Adrian	Ward	M	0:23:11	0:46:38						
19464	Andrew	Warminger	M	0:22:54	0						
19248	Richard	Warmesley	M	0:22:42	0:45:51						
19305	Faye	Warren	F	0:26:32	0:52:30						
19445	Nick	Waterton	M	0:21:16	0:43:40						
21274	Aaron	Watkins	M	0:30:00	0						
61630	Lloyd	Watkins	M	0:27:06	0:56:51						
19011	Angela	Wearne	F	0:32:39	1:07:50						
21311	Polly	Weeks	F	0:36:18	1:12:53						
21210	Denise	Wellington	F	0:36:28	0						
19546	Karen	Wells	F	0:22:59	0:46:40						
61791	Joel	Whatling	M	0:25:02	0:51:00						
19366	Niamh	Whelan	F	0:28:17	0						
19355	Steven	White	M	0:26:59	0						
61698	Victoria	White	F	0:39:12	1:17:33						
19330	Nathan	Whitehouse	M	0:25:55	0:54:05						
61756	Sandra	Whittaker	F	0:57:00	1:55:25						
19124	Kenny	Wilks	M	0:38:22	1:15:37						
61719	Clare	Willcox	F	0:45:21	1:31:18						
19056	Graham	Willgoss	M	0:24:12	0:49:01						
19128	Linzi	Williams	F	0:40:09	1:20:38						
61851	Michael	Williams	M	0:36:21	1:13:32						
61731	Susan	Williams	F	0:38:28	1:18:27						
19466	Tim	Williams	M	0:23:26	0:47:22						
19311	Andrew	Williamson	M	0:24:08	0:49:32						
61642	Alexa	Wilson	F	0:30:18	0						
19308	David	Wilson	M	0:28:12	0:58:56						
61752	Helen	Wilson	F	0:50:56	1:44:47						
23120	Andrew	Wiltshire	M	0:22:45	0:46:57						
23004	Mel	Windle	F	0:29:48	0:59:39						
61789	Andrew	Wing	M	0:27:25	0:57:13						
61787	Daniel	Wing	M	0:34:34	0						
61786	Eve	Wing	F	0:35:18	0						
61785	Helen	Wing	F	0:37:17	0						
19444	Andrew	Wiseall	M	0:19:44	0:40:03						
19378	Chris	Witty	M	0:30:03	0:59:55						
21286	Carol	Wong	F	0:30:10	1:00:58						
19073	Leong	Wong	M	0:23:20	0:47:50						
19008	Charles	Wood	M	0:28:27	0:56:30						
19487	Dominic	Wood	M	0:24:05	0:47:01						
19537	Helen	Wood	F	0:33:24	1:11:07						
19442	Paul	Wood	M	0:28:22	0:55:44						
23082	Vita	Woods	F	0:28:24	0:57:29						
19328	Lisa	Woodward	F	0:28:39	0:58:46						
21226	Ian	Wright	M	0:25:12	0:52:13						
19000	Pebbles	Wyard	F	0:37:09	0						
Y											
19462	Man Hang	Yip	M	0:24:28	0:49:48						
19300	Sarah-Jane	Yorke	F	0:31:01	0						
19385	Jacqui	Young	F	0:24:10	0:48:24						